



Arms of Love Family Fellowship

Mentoring Moms and Dads in Positive Discipline

P.O. Box 12403

Glendale, Arizona 85318

Crystal Lutton's Session Topics

- **Creating a Team In Your Home:** Crystal began raising her own 5 children 15 years ago and has been teaching others around the world how to implement Grace-Based Discipline in their home since the beginning. This approach to discipline is rooted in the same discipleship model that Jesus used with his disciples and fosters a team atmosphere in your home. If you're tired of exhausting yourself in a battle with your children, learn how to stop the fight. Create a team in your home and equip your children for the life ahead of them when it's time for them to leave.
- **The Grace-Based Discipline Window:** As the developer of Grace-Based Discipline, Crystal has put together a tool that will help you understand where your child is developmentally and how to best work with your child at each age and stage. In this session she will break down the Window and help you to see through it to frame your child in a whole new light.
- **Homeschooling a Special Needs Child:** Crystal has been homeschooling from day one with 5 children with various special needs, including Autism, ADHD, and ODD – not to mention dyslexia, twin preemies and food sensitivities/allergies for all. There isn't much she hasn't seen! How do you keep going when nothing is as you expected it would be? How do you learn to teach a child who seems to fight you every step of the way? Why isn't it just better/easier to put them back in school? And, really, don't they need school to learn how to be "normal"? Crystal will share her family's story and how they continue to homeschool in the face of these challenges.
- **Homeschooling Through the Changing Seasons of Life:** Life happens. The only thing guaranteed is that things will change. Births, deaths, disabilities, special needs, learning roadblocks, and financial stresses are out there just waiting to change everything. Some days you just don't want to get out of bed and other days you pray sleep would come. How do you continue homeschooling through it all? Crystal will share ideas for how to think outside the box, even how to blow that box wide open when needed, in order to keep moving forward with your conviction to homeschool. If homeschooling is a commitment to a lifestyle instead of just another equal option for educating your child, this session is for you.
- **What Will Everyone Think? (and how will I convince them?):** People, especially family and friends, will have questions and objections, but how do you decide when to stop answering and let your life be your testimony to homeschooling? Once you've decided homeschooling isn't up for discussion, what do you do when it comes up again? Learn how to get everyone to respect your need to be left alone during certain hours, how to communicate that you are not a free babysitter for the world just because you are at home, and how to create a support network for yourself. If you're looking for ways to strengthen your boundaries and protect your time for homeschooling, then this session is for you.